

Spanish Registry of Patients With Sleep Apnea and Daytime Sleepiness

NCT06514482

Status RECRUITING
Sponsor Hospital San Pedro de Logroño
Enrollment 1,000 participants

Key Eligibility Criteria

Inclusion (3)

- Patients who come to the sleep consultation for sleep study results for suspected OSA.
- Patients older than 18 years.
- Signature of the informed consent.

Exclusion (6)

- Psycho-physical inability to complete questionnaires.
- Presence of any previously diagnosed sleep disorder: narcolepsy, insomnia, sleep deprivation (less than 6h/day), regular use of medications hypnotics or sedatives (may be included if you only use a short-acting benzodiazepine or melatonin) and restless legs syndrome.
- Patients with \geq 50% central apnea or presence of Cheyne-Stokes respiration (CSRsp).
- A medical history that may interfere with the objectives of the study or that in the judgment of the investigator compromises the conclusions.
- Any medical, social or geographical factor that may endanger the patient compliance. (eg, alcohol consumption (more than 80 g/day in men and more than 60 gr / day in women), absence of stable habitual residence, disorientation or non-compliance history).

... and 1 more (see full listing online)

Locations (1 total)

Hospital San Pedro, Logroño, La Rioja, Spain