

# Auricular Acupressure in Prehabilitation

NCT06516198

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Chicago
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

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### Inclusion (10)

- Being considered for major lung surgery
- Surgery is not scheduled for at least 2 weeks
- Age e 50 years
- Able to understand English at a 4th grade level
- No known contraindications to prehabilitation (strength, endurance, balance exercises)
- ... and 5 more (see full listing online)

### Exclusion (2)

- Allergy to Vaccaria seeds
- Medical condition affecting either ear preventing use of auricular acupressure such as eczema, frostbite, sunburn

## Locations (1 total)

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University of Chicago, Chicago, Illinois, United States