

# Risk of Sudden Cardiac Death in UN Athletes

NCT06518252

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**Status** RECRUITING  
**Sponsor** Universidad Nacional de Colombia  
**Enrollment** 250 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Athletes belonging to the sports teams of the National University of Colombia, Bogotá campus.
  - Subject's sports history (practice time exceeding 2 years).
  - Individuals aged 18 to 35 years, without discrimination based on biological sex.
  - Training time exceeding 6 hours per week in their sports modality (weekly training record).
  - Personal history of cardiovascular disease (cardiac malformations or previously detected sudden death risk).
- ... and 1 more (see full listing online)

### Exclusion (4)

- Personal history of metabolic (type 1 and 2 diabetes mellitus), neurological (spinal cord injury), or renal disease.
- Routine consumption of alcohol or psychoactive substances.
- Use of antihypertensive medications, beta-blockers, or inotropes.
- Cardiovascular disease diagnosed with previously established pharmacological management.

## Locations (1 total)

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Juan Murillo-Coca, Bogotá, Cundinamarca, Colombia