

# The Effect of Tendon Release Techniques in Patients With Cervical Disc Herniation

NCT06526325

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul Arel University
Enrollment	51 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Being diagnosed with cervical disc herniation
- Volunteering for the research

### Exclusion (3)

- Chronic bone disease
- Have had surgery for a cervical disc herniation
- Have a structural abnormality

## Locations (1 total)

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AS Physiotherapy Services centre, Istanbul, Turkey (Türkiye)