

Michigan Split-belt Treadmill Training Program to Improve Acute Knee Biomechanics After ACL Reconstruction

NCT06529679

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Michigan
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (5)

- aged 14-45 years
- suffered an acute, complete ACL rupture as confirmed by MRI and physical exam
- have undergone ACL reconstruction w autograft within the past 10 months
- willingness to participate in testing and follow-up as outlined in the protocol
- English-speaking

Exclusion (8)

- inability to provide written informed consent
- female subjects who are pregnant or are planning to become pregnant (self-reported)
- previous ACL injury
- previous surgery to either knee
- bony fracture accompanying ACL injury
- ... and 3 more (see full listing online)

Locations (1 total)

University of Michigan, Ann Arbor, Michigan, United States