

The MUSE Study for Menopausal Arthralgia

NCT06530459

Status	RECRUITING
Phase	Phase 2, Phase 3
Sponsor	National University Hospital, Singapore
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (5)

- Patients with muscle stiffness and joint discomfort in various sites, including hands, knees, back, hips, and/or shoulders. Patients with pain in only one isolated joint would not be accepted.
- Arthralgia symptoms with onset, or has become worse, over the perimenopausal or early postmenopausal period (within 5 years of the menopause).
- Women should be at the menopause transition, less than or equal to 59 years old at the time of enrollment, or within 5 years of menopause whichever is earlier.
- Arthralgia for at least 3 months (pain lasting beyond normal injury healing period)
- Community-dwelling and able to ambulate independently.

Exclusion (16)

- History of thrombo-embolic diseases, strokes, ischemic heart disease, dementia or psychiatric disorders, active liver disease or renal impairment, severe hyperlipidemia, gout, thyroid disease, systemic lupus erythematosus, rheumatoid arthritis, or other chronic inflammatory conditions.
- Pregnancy
- Non-adherence to national guidelines for breast cancer screening
- High risk for breast cancer
- Any joint surgery within the last 6 months
- ... and 11 more (see full listing online)

Locations (1 total)

National University Hospital, Singapore, Singapore