

3-Dimensional Shoulder Complex Pain Alignment (3-D SPA) Mobilization on Frozen Shoulder.

NCT06530602

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (4)

- Local shoulder pain, often present either above the antero-medial and Lateral aspect of the shoulder.
- Stage II& III unilateral frozen shoulder Symptoms.
- Marked loss Of AROM \& PROM with at least 50%loss of external rotation.
- Positive Apley's Scratch test.

Exclusion (5)

- Radiculopathy.
- Thoracic-outlet syndrome.
- Fractures and tumors of the upper extremity.
- Neurological disorders causing muscle weakness in the shoulder.
- Corticosteroid injection for frozen shoulder in last 3 months.

Locations (1 total)

Railway General Hospital, Rawalpindi, Punjab Province, Pakistan