

Blue-green Space Physical Activity: the "Parco Del Mare" Study

NCT06533943

Status	RECRUITING
Phase	Not Applicable
Sponsor	Università degli Studi 'G. d'Annunzio' Chieti e Pescara
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (2)

- Adult population aged >18 years old
- Resident in Rimini

Exclusion (1)

- Any alterations in communication skills and/or sensory functions so severe as to make it impossible to understand and/or execute the instructions given by the trainer (dementia, aphasia, blindness, deafness)

Locations (1 total)

Parco del Mare, Rimini, Rimini, Italy