

Effects of Reciprocal Inhibition Versus Post Facilitation Muscle Energy Technique Along With Conventional Physical Therapy in Patients With Piriformis Syndrome: a Randomized Controlled Trial

NCT06534788

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	44 participants

Key Eligibility Criteria

Inclusion (6)

- Age: 20-50 years
 - Both Genders
 - Chronic pain in buttock and hip area (e 3 on NPRS) lasting more than 3 months.
 - Shortened piriformis muscle (Internal rotation less than 30°) on muscle length assessment.
 - A score of e 8 on a 12-point clinical scoring system.
- ... and 1 more (see full listing online)

Exclusion (8)

- Active infection
 - Lower lumbar radiculopathy
 - Sacroiliac joint dysfunction
 - Malignancies
 - History of trauma
- ... and 3 more (see full listing online)

Locations (1 total)

Foundation University College of Physical Therapy, Rawalpindi, Punjab Province, Pakistan