

"Effects of Kinesio Taping in Adjunct to Traditional Physical Therapy on Pain, Range of Motion and Gait Parameters in Patients With Plantar Fasciitis : a Randomized Controlled Trail"

NCT06534866

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	56 participants

Key Eligibility Criteria

Inclusion (11)

- Both genders
- Age 20-40 years
- Diagnosed Cases of plantar fasciitis as per diagnosis criteria established by APTA
- As described by American Physical Therapy Association:
- Plantar medial heel pain: most noticeable with initial steps after a period of inactivity but also worse following prolonged weight bearing
- ... and 6 more (see full listing online)

Exclusion (5)

- Recent steroid injections
- History of ankle or foot surgery
- Arthritis history
- Radiculopathy
- Diabetic foot

Locations (1 total)

Foundation University College of Physical Therapy, Rawalpindi, Punjab Province, Pakistan