

# Comparative Effects of Hang Clean and Half Squat Training Program Among Basketball Players

NCT06536790

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	40 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Male Basketball player
- Having experience with Weight-lifting movements, Squats, and Deadlifts
- No history of anterior cruciate ligament injuries
- No present complaint of Injury.
- years of Professional experience
- ... and 1 more (see full listing online)

### Exclusion (6)

- Medical condition
- Previous history of LBP
- Orthopedic or health related conditions
- Female
- Inadequate Training Experience
- ... and 1 more (see full listing online)

## Locations (1 total)

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Don Bosco Basketball Court, Lahore, Punjab Province, Pakistan