

# Combined Effects of Game Profile-based Training and Small-sided Games Among Football Players

NCT06536816

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	45 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Male players
- Age 18-30 years
- Representation of players from various positions
- Players with good health and fitness status
- Participants willing and available for regular assessments
- ... and 1 more (see full listing online)

### Exclusion (6)

- Players not actively involved in training and competition
- History of systemic disease
- Prior surgery history
- Participants with irregular attendance or significant deviations from the prescribed training program
- Pre-existing knee pathologies or injuries
- ... and 1 more (see full listing online)

## Locations (1 total)

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Pakistan Sports Board, Lahore, Punjab Province, Pakistan