

Cognitive Functional Therapy for Chronic Shoulder Pain: Pilot and Feasibility Study

NCT06542666

Status	RECRUITING
Phase	Not Applicable
Sponsor	Federal University of Paraíba
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (5)

- Men and women;
- Age between 18 and 60 years;
- Presence of shoulder pain for more than 3 months;
- Pain intensity of 4 points or more on the 11-point Numeric Pain Rating Scale during the past week.
- High level of disability or moderate level of irritability.

Exclusion (8)

- History of fracture or surgery of the clavicle, scapula, and/or humerus, surgical stabilization or rotator cuff repair;
- History of dislocation, instability (positive sulcus sign or apprehension test), and/or rotator cuff tear (positive drop arm test);
- Adhesive capsulitis verified by the presence of gradual onset pain associated with stiffness and reduced passive and active mobility;
- Ongoing pregnancy;
- Reproduction of shoulder pain radiating to the entire upper limb during cervical or thoracic spine tests (positive Spurling test);
- ... and 3 more (see full listing online)

Locations (1 total)

Federal University of Paraíba, João Pessoa, Paraíba, Brazil