

Core Stabilization Training in Juvenile Spondyloarthritis

NCT06546293

Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul University - Cerrahpasa
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (3)

- "According to the International League of Associations for Rheumatology criteria, individuals aged 10-18 diagnosed with spondyloarthritis within the JIA subgroup will be included.
- Only cases with stable disease activity and without additional neurological or orthopedic conditions will be considered.
- Participants must also possess the cognitive ability to engage in active rehabilitation.

Exclusion (3)

- Individuals with a cardiovascular disease that impedes exercise
- those who have participated in a rehabilitation program within the last 6 months
- cases with variable medical treatment will be excluded.

Locations (1 total)

Istanbul University-Cerrahpasa, Istanbul, Turkey (Türkiye)