

The ADAPT Trial: Adapting Evidence-Based Obesity Interventions in Community Settings

NCT06546696

Status	RECRUITING
Phase	Not Applicable
Sponsor	Vanderbilt University Medical Center
Enrollment	750 participants

Key Eligibility Criteria

Inclusion (8)

- Child with an age e 6 years and \< 12 years
- Child body mass index e95th percentile for age and sex on standardized CDC growth curves
- Index parent/legal guardian with an age e18 years
- Parent and child speak English or Spanish
- Family resides within or frequently visit selected zip codes within Middle TN surrounding the partnering community centers; ... and 3 more (see full listing online)

Exclusion (3)

- Participant child has been diagnosed with Down Syndrome, Autism, or any other developmental disorders that impact metabolism or behaviors that would preclude participation in group physical activity settings;
- Either the participant caregiver or child is unable to participate in light to moderate physical activity;
- Participant caregiver has a serious mental or neurologic illness that impairs ability to consent/participate.

Locations (1 total)

Vanderbilt University Medical Center, Nashville, Tennessee, United States