

# Effects of a Non-nutritive Sweetener Reduction Intervention in Pregnancy and Lactation on Maternal and Infant Outcomes

NCT06548828

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Status	RECRUITING
Phase	Not Applicable
Sponsor	George Washington University
Enrollment	324 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Pregnant
- d 16weeks gestation
- Singleton pregnancy
- Report frequent NNS beverage consumption (e 7 servings/week)
- years of age

... and 3 more (see full listing online)

### Exclusion (7)

- Physical or mental concerns preventing study participation;
- Medication (e.g., metformin; GLP-1 agonists) use that may affect body weight, body composition, insulin resistance, or lipid profiles;
- Tobacco or drug use during pregnancy;
- Alcohol consumption (>1 drink per week) during pregnancy;
- Pre-existing gastrointestinal, inflammatory, or malabsorptive disorders (e.g., - Crohn's disease, ulcerative colitis, inflammatory bowel disease) that may impact NNS absorption or gut microbiota;

... and 2 more (see full listing online)

## Locations (1 total)

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The George Washington University, Washington D.C., District of Columbia, United States

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<https://clinicaltrials.gov/study/NCT06548828>

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