

Optimal Intensity of Reactive Balance Training Post-stroke

NCT06555016

Status	RECRUITING
Phase	Not Applicable
Sponsor	Toronto Rehabilitation Institute
Enrollment	63 participants

Key Eligibility Criteria

Inclusion (1)

- Chronic stroke (>6 months post-stroke)

Exclusion (5)

- Are unable to stand independently without upper-limb support for >30 seconds and/or walk independently (without a gait aid) for \geq 10 metres;
- Have another neurological condition that could affect balance control (e.g., Parkinson's disease);
- Have cognitive impairment (Montreal Cognitive Assessment score <26), or severe language or communication difficulties affecting understanding instructions;
- Have contraindications to RBT (has described by Mansfield et al., 2021), such as osteoporosis, activity restrictions due to cardiac event/surgery, or severe spasticity in the lower extremity; and/or
- Are currently attending in- or out-patient physiotherapy or supervised exercise.

Locations (1 total)

Toronto Rehabilitation Institute, Toronto, Ontario, Canada