

# Impact of a Paced Breathing Exercise Intervention on Autonomic Nervous System Function After Pediatric Concussion

NCT06559865

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	McGill University Health Centre/Research Institute of the McGill University Health Centre
<b>Enrollment</b>	20 participants

## Key Eligibility Criteria

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### Inclusion (3)

- aged 9-18 years
- seven days-3 months post-concussion,
- at least one post-concussion symptom in the Post-concussion Symptom Inventory (PSCI) that is relevant to ANS dysfunction (e.g. dizziness, nausea, fatigue, confusion, anxiety or sleep disturbances).

### Exclusion (2)

- known heart disease,
- previous neurological problems other than concussion

## Locations (1 total)

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McGill University Health Center, Montreal, Quebec, Canada