

Mindfulness, Exercise, and Nutrition To Optimize Resilience (MENTOR)

NCT06560619

Status	RECRUITING
Phase	Not Applicable
Sponsor	Shirley Ryan AbilityLab
Enrollment	300 participants

Key Eligibility Criteria

Inclusion (4)

- Lives in the United States
- People 18 years or older
- A self-reported physical disability/mobility limitation (or use an assistive device such as an ankle foot orthosis, cane, walker, scooter, or wheelchair).
- Have internet access and a mobile device (phone, tablet, laptop, desktop) to attend sessions.

Exclusion (4)

- Younger than 18 years old
- Living outside of the United States
- No physical disability/mobility limitation
- No internet access

Locations (1 total)

Shirley Ryan Ability Lab, Chicago, Illinois, United States