

Feasibility of the 5-Step Method in the U.S.

NCT06565429

Status	RECRUITING
Phase	Not Applicable
Sponsor	Villanova University
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (7)

- at least 18 years old
- able to read, write, speak, and understand English
- live in approximately 100-mile radius of Winchester, VA/ in the Northern Shenandoah Valley
- be a family member who self-reports stress/strain because of a relative's drug and/or alcohol misuse
- have access to the Internet and a smartphone or larger device to complete study surveys
- ... and 2 more (see full listing online)

Exclusion (1)

- if person states the relative with alcohol and/or drug misuse is physically violent towards others

Locations (1 total)

Online Study, Winchester, Virginia, United States