

The Liver BioBank Lombardia of Fatty Liver

NCT06566105

Status	RECRUITING
Phase	Not Applicable
Sponsor	Fondazione IRCCS Ca' Granda, Ospedale Maggiore Policlinico
Enrollment	2,500 participants

Key Eligibility Criteria

Inclusion (2)

- Blood donors aged between 40 and 65 years presence of clinical diagnosis of overweight or obesity (body mass index-BMI > 25 kg/m²),
- increased fasting blood glucose or T2D (fasting blood glucose ≥ 100 mg/dl) or dyslipidemia (triglycerides ≥ 150 mg/dl, HDL $< 45/55$ in M/F) or arterial hypertension (n = 2,452, 11.8% of the entire cohort).

Exclusion (2)

- subjects suffering from chronic degenerative diseases, except hypertension in good compensation and diabetes type 2 mellitus which does not require pharmacological therapy (as is already common practice for eligibility for donation of blood)
- donors aged > 65 and < 40 to avoid the introduction of bias

Locations (1 total)

Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico - Istituto di Ricovero e Cura a Carattere Scientifico di natura pubblica, Milan, Milano, Italy