

Efficacy of a Telehealth Delivered Group Lifestyle Balance for People Post Stroke (tGLB-CVA)

NCT06569121

Status	RECRUITING
Phase	Not Applicable
Sponsor	Baylor Research Institute
Enrollment	94 participants

Key Eligibility Criteria

Inclusion (5)

- Body Mass Index e25
- All types of stroke
- Able to Participate in Physical Activity
- e12months post first stroke
- Have internet, phone, or computer access, or be willing to use one provided by the study team

Exclusion (6)

- Contraindications for physical activity
- Low Cognitive Function
- Residing in hospital, acute rehab, skilled nursing facility
- Not fluent in the English language
- Pre-existing eating disorder
- ... and 1 more (see full listing online)

Locations (1 total)

Baylor Scott & White Research Institute, Dallas, Texas, United States