

# Dyadic Sleep Study

NCT06569693

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|-------------------|---------------------|
| <b>Status</b>     | RECRUITING          |
| <b>Phase</b>      | Not Applicable      |
| <b>Sponsor</b>    | University of Miami |
| <b>Enrollment</b> | 152 participants    |

## Key Eligibility Criteria

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### Inclusion (13)

- The eligibility criteria for patients are:
  - newly diagnosed with stage I to IV of a GI cancer (anus, colon, esophagus, gallbladder, large and small intestine, liver, pancreas, rectum, stomach, other biliary or digestive organs)
  - diagnosis in the past 72 months at the time of enrollment
  - having a consistent sleep partner.
- The eligibility criterion for caregivers is:  
... and 8 more (see full listing online)

### Exclusion (4)

- Active suicidality, or substance or alcohol dependency in the past year;
- Currently have narcolepsy, restless leg syndrome, or untreated sleep apnea that is screened using the Sleep Health Screen;
- Both patients and caregivers have an extreme chronotype, or do shift work to have no overlap in sleep schedule between them; and plan trans-meridian travel during the period of data collection blocks; and having hearing or visual impairment, dementia, or cognitive dysfunction.
- Adults unable to consent, individuals who are not yet adults, pregnant women, or prisoners will be excluded.

## Locations (2 total)

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University of Miami, Coral Gables, Florida, United States  
University of Pittsburgh, Pittsburgh, Pennsylvania, United States