

Evaluation Study for the "Jockey Club E-Generation: Impact Extension Project for Chronic Knee Pain Management"

NCT06569836

Status	RECRUITING
Phase	Not Applicable
Sponsor	The University of Hong Kong
Enrollment	858 participants

Key Eligibility Criteria

Inclusion (5)

- i. Aged ≥55 years;
- ii. Community-dwelling;
- iii. With self-reported knee pain problem currently or in the past 12 months;
- iv. Cognitively sound (screened by the Clock Drawing Test (CDT) d 4 (Agrell & Dehlin, 1998));
- v. Able to understand and communicate in Cantonese or Mandarin.

Exclusion (3)

- i. Diagnosed with stroke, myocardial infarction, injury or inflammation of the knee, autoimmune disease, unable to walk in the past three months;
- ii. Users/ of Hospital Authority medical consultation or physiotherapy or occupational therapy services related to osteoarthritis knee;
- iii. Screened to have three or above conditions including significant knee symptom score 5 or above, WOMAC Score ≥48, 5 times Sit to Stand test >16.7 seconds, Time Up and Go Test >14 seconds, Age >80 and BMI >25.

Locations (1 total)

Elderly community centre, Hong Kong, Hong Kong