

# Digital Navigators for Acceptance and Competence Development with Mental Health Apps

NCT06575582

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Medizinische Hochschule Brandenburg Theodor Fontane
<b>Enrollment</b>	116 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Main diagnosis according to ICD 10 F00-F69, F80-F99
- Capacity to consent is given
- Sufficient language skills for an interview in German
- Participants have access to modern digital hardware (smartphone)
- Basic knowledge of how to operate a smartphone

### Exclusion (4)

- Acute danger to self or others
- Patients have received prompt ( $\leq 3$  weeks) qualified psychiatric or psychotherapeutic treatment
- Severe organic brain diseases with cognitive deficits
- Intellectual disability

## Locations (6 total)

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Praxis Brandenburg an der Havel, Brandenburg, Brandenburg, Germany  
Praxis Eberswalde, Eberswalde, Brandenburg, Germany  
Psychiatrische Institutsambulanz (PIA) Fürstenwalde, Fürstenwalde, Brandenburg, Germany  
... and 3 more locations