

Coping Skills Training for Symptom Management and Daily Steps (Step Up)

NCT06575712

Status	RECRUITING
Phase	Not Applicable
Sponsor	Duke University
Enrollment	177 participants

Key Eligibility Criteria

Inclusion (4)

- receipt of an autologous (auto) HCT or CAR-T cell therapy due to a hematologic malignancy, such as a diagnosis of leukemia, lymphoma, multiple myeloma
- age ≥ 18
- self-reported fatigue, pain, and psychological distress (confirmed at recruitment) - minimum two of three symptoms reported at ≥ 3 on 0-10 scale
- life expectancy ≥ 12 months

Exclusion (4)

- cognitive impairment (e.g., dementia) recorded in the chart or suspected by provider
- metastases to the brain
- presence of a severe psychiatric condition (e.g., psychotic disorder) that would contraindicate safe participation as indicated by the medical chart, treating oncologist, or interactions with the medical/study staff
- inability to converse in English

Locations (1 total)

Duke Cancer Institute, Durham, North Carolina, United States