

# Osteosarcopenia in Axial Spondyloarthritis

NCT06577350

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Status	RECRUITING
Sponsor	Ankara University
Enrollment	97 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Patient group:
  - Participants with a diagnosis of AxSpA: Participants with diagnosis of Ankylosing Spondylitis according to the modified New York criteria and participants with diagnosis of non-radiographic Spondyloarthritis (SpA) according to the Assessment of SpondyloArthritis International Society (ASAS) 2009 criteria.
  - Aged 18-65 years
  - Who gave consent to participate in the study
  - Healthy control group:
- ... and 2 more (see full listing online)

### Exclusion (8)

- Systemic high-dose steroid use (>5mg/day of prednisone for more than 3 months)
  - Possible other causes of secondary sarcopenia (uncontrolled diabetes, chronic heart failure, thyroid/parathyroid disease, chronic renal failure, chronic liver failure)
  - Hand-related disorders/diseases that could affect the healthy assessment of grip strength
  - Use of any medication that could potentially affect the bone metabolism (bisphosphonates, teriparatide, anticonvulsants, heparin, and anticoagulants)
  - Psoriasis, inflammatory bowel disease
- ... and 3 more (see full listing online)

## Locations (1 total)

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Ankara University Hospitals, Department of Physical Medicine and Rehabilitation, Ankara, Turkey (Türkiye)