

# Effectiveness of an Adapted Physical Activity Program for Subjects Suffering From Haemophilia

NCT06580340

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	Istituto Ortopedico Rizzoli
Enrollment	16 participants

## Key Eligibility Criteria

---

### Inclusion (3)

- Diagnosis of hemophilia A or B;
- Signature of informed consent;
- Availability of a medical certificate for non-competitive activities

### Exclusion (11)

- Active bleeding
- Severe joint deformities that prevent exercise
- Insufficiency of communicative and/or sensory functions so severe that it is impossible to understand or carry out the trainer's instructions (dementia, aphasia, blindness, deafness)
- Heart failure (NYHA class  $\geq 2$ )
- Unstable angina
- ... and 6 more (see full listing online)

## Locations (1 total)

---

Istituto Ortopedico Rizzoli, Bologna, Bo, Italy