

Chinese Poem Writing for Improving Mental Wellbeing

NCT06581952

Status	RECRUITING
Phase	Not Applicable
Sponsor	Hong Kong Metropolitan University
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (3)

- Volunteers serving for people recovering from mental illness or other community residents
- Aged 18 years old and above
- Able to understand Cantonese and read Chinese

Exclusion (3)

- Physically or mentally unable to communicate
- Unwilling to participate or give consent
- Being involved in other similar activities or research

Locations (1 total)

Jockey Club Institute of Healthcare, Hong Kong Metropolitan University, Hong Kong, Hong Kong