

# Physical Activity and Sedentary Behavior During Pregnancy

NCT06585085

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University Hospital, Clermont-Ferrand
<b>Enrollment</b>	630 participants

## Key Eligibility Criteria

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### Inclusion (24)

- Pregnant women of more of 18 years and who are being monitored for pregnancy in the Clermont-Ferrand metropolitan area,
  - Planned to give birth in a maternity unit localized in Clermont-Ferrand metropolitan area (CHU Estaing or Clinique de la Chataigneraie),
  - Agreeing to be randomized, to follow the physical activity program offered in the Clermont-Ferrand metropolitan area, and to follow up as part of the study,
  - Able to give informed consent to participate in the research,
  - Affiliated to a social security scheme
- ... and 19 more (see full listing online)

## Locations (1 total)

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CHU de Clermont-Ferrand, Clermont-Ferrand, France