

Clinical Study to Evaluate the Effects and Safety of Green Tea Extract on Blood Glucose Regulation

NCT06592365

Status	RECRUITING
Phase	Not Applicable
Sponsor	Amorepacific Corporation
Enrollment	84 participants

Key Eligibility Criteria

Inclusion (4)

- Males and females aged between 19 to 64 years
- BMI between 18.5 and 29.9kg/m²
- fasting blood glucose between 100 and 139 mg/dL (Note: if some subjects with blood glucose range of 126 - 139 mg/dL, those who are taking or require medication must be excluded to meet ethical standards.)
- subjects who voluntarily decide to participate in this study and sign the informed consent form.

Exclusion (10)

- Individuals taking to obesity, dyslipidemia, or uncontrolled hypertension at the screening
- Individuals diagnosed with diabetes and who have taken medications related to blood glucose
- Individuals congenital enzyme deficiencies related to sugar metabolism.
- with hypersensitivity to the test food or ingredients(e.g., green tea, caffeine).
- Individuals ongoing treatment diseases significantly related glucose metabolism.
- ... and 5 more (see full listing online)

Locations (3 total)

Kangbuk samsung hospital, Seoul, South Korea
Seoul National Universtiy Hospital, Seoul, South Korea
The Catholic University of Korea St. Vincent's Hospital, Seoul, South Korea