

# Healthy Baby Healthy Mother Toolkit

NCT06594419

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Emory University
<b>Enrollment</b>	594 participants

## Key Eligibility Criteria

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### Inclusion (3)

- <20 weeks gestation as determined by maternal report of last menstrual period
- Intending to breastfeed and provide age-appropriate complementary feeding
- Intend to continue services at the health center where they enrolled until their infant is at least 10 months old

### Exclusion (5)

- Women who participated in the formative phase of the HMHBT project
- Women with an existing medical condition that merits precautions for a high-risk pregnancy and may affect study outcomes independently of the intervention. These include for example, uncontrolled or advanced diabetes, advanced kidney disease (stage 3 or higher); thyroid disease, autoimmune disorders such as lupus, moderate to severe rheumatoid arthritis, organ transplant; blood clotting or bleeding disorders, multiple sclerosis.
- Women with a history of previous preterm delivery (<32w) or very low birth weight babies (<1.5kg)
- Known history of serious obstetric complications that place the mother at increased risk for subsequent adverse events or complications. These include for example multiple miscarriages or stillbirths (>2); eclampsia, hemorrhage, placenta previa, placental abruption, uterine rupture
- Women experiencing pregnancy loss, and neonatal or infant mortality will be excluded from further follow-up. Women who give birth to multiples will be retained but their data will be analyzed separately

## Locations (2 total)

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Emory University in Ethiopia, Bahir Dar, Amhara, Ethiopia  
Bahir Dar City Zone Health Department, Bahir Dar, Woreda, Ethiopia