

Smart Pillows for Enhancing Sleep Quality

NCT06594627

Status	RECRUITING
Phase	Not Applicable
Sponsor	Indiana University
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (11)

- Individuals 50 years of age or older.
 - Individuals who experience snoring issues and/or OSA that may impact their perceived sleep quality or that of their sleep partner.
 - Individuals who currently use and do not use snoring and/or OSA treatment (participants will not be asked or required to discontinue any current snoring and/or OSA treatments that they are prescribed or using.)
 - Individuals who have a smartphone or a smart mobile device (Apple iOS 15 and higher or Android 10 or higher).
 - Individuals with and without a sleep partner.
- ... and 6 more (see full listing online)

Exclusion (1)

- Any participant who is not able to consent or complete study interventions independently, as determined by the investigator.

Locations (1 total)

Indiana University, Indianapolis, Indiana, United States