

Reducing Early Readmission to an Acute Psychiatric Unit

NCT06604780

Status	RECRUITING
Phase	Not Applicable
Sponsor	Fundación Pública Andaluza para la Investigación de Málaga en Biomedicina y Salud
Enrollment	836 participants

Key Eligibility Criteria

Inclusion (7)

- All hospital admission episodes at MHHU during the 12 months following the implementation of the Discharge Transition Intervention Program will be considered.
- The experimental group, to which the Discharge Transition Intervention Program will be applied, will consist of users whose Community Mental Health Units (CMHU) are affiliated with the Regional Hospital of Málaga.
- Be of legal age.
- Speak spanish fluently.
- Have had recent admission to the MHHU of the Regional Hospital of Málaga and a score considered as "High Risk" on the Early Rehospitalization Risk Scale or have experienced an early rehospitalization.

... and 2 more (see full listing online)

Exclusion (6)

- Users belonging to other hospitals in the province will be excluded from the intervention program and will form part of the control group.
- Post-Discharge Group Psychotherapy Support Recovery has its own eligibility criteria:
- Individuals whose primary diagnosis is a Mental and Behavioral Disorder due to psychoactive substance use.
- Moderate or severe intellectual disability.
- Clinical Management Unit belonging to a hospital other than the RUH of Málaga.

... and 1 more (see full listing online)

Locations (1 total)

Vera Carbonell Aranda, Málaga, Spain