

# Tonsillectomy Versus Tonsillotomy in the Treatment of Recurrent Acute Tonsillitis

NCT06606262

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	Tejs Ehlers Klug
Enrollment	250 participants

## Key Eligibility Criteria

---

### Inclusion (2)

- Adults (age ≥15 years) with RT, defined as a minimum of five tonsillitis episodes in one year or a minimum of three tonsillitis episodes per year for two years (Danish National Guidelines criteria)
- The ability to understand Danish orally and in writing.

### Exclusion (5)

- Previous TE or TO.
- Suspected tonsillar malignancy.
- History of malignant tumor in the oral cavity, the pharynx or the larynx.
- Previous radiation therapy on head or neck.
- Hemorrhagic diathesis or anticoagulant therapy.

## Locations (2 total)

---

Aalborg University Hospital, Aalborg, Denmark  
Aarhus University Hospital, Aarhus, Denmark