

The Impact of Hormonal Contraceptive Use and Lifestyle Factors on Fracture Risk and Bone Quality in Young Female Adults

NCT06608862

Status RECRUITING
Sponsor Bundeswehr University Munich
Enrollment 150 participants

Key Eligibility Criteria

Inclusion (5)

- years
- female
- willing to participate under a pseudonym
- occupational soldiers
- free from chronic or acute musculoskeletal injury

Exclusion (1)

- for the bioelectrical impedance: electronic implants like defibrillator, pregnancy

Locations (1 total)

University of the Bundeswehr Munich, Munich, Bavaria, Germany