

Cooking for Your Health in Southern New Mexico: an 8-week, Bilingual (English and Spanish) Nutritional Intervention in Adults Living in Doña Ana and Otero Counties

NCT06609057

Status	RECRUITING
Phase	Not Applicable
Sponsor	Fred Hutchinson Cancer Center
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (9)

- + years of age
- Part I: Fluent in English (Otero and Doña Ana Counties); Part II: Fluent in English (Otero County) and fluent in Spanish (Doña Ana County)
- Able to understand and willing to sign a written informed consent in either English or in Spanish (Part II only: Doña Ana County only)
- Access to phone for study contacts
- Be willing and able to attend the 6 in-person classes
- ... and 4 more (see full listing online)

Exclusion (9)

- Under 18 years of age, or over 70 years of age
- Not fluent in either Spanish or English (Part II only: Doña Ana County only)
- Unable to understand or unwilling to sign written informed consents in English or in Spanish (Part II only: Doña Ana County only)
- No access to phone
- Unwilling or unable to attend the 6 in person classes
- ... and 4 more (see full listing online)

Locations (1 total)

New Mexico State University, Las Cruces, New Mexico, United States