

Effects of 60-day-6° Head-down Bed Rest on Cartilage and Function of the Knee Joint

NCT06612372

Status	RECRUITING
Phase	Not Applicable
Sponsor	Peking University Third Hospital
Enrollment	26 participants

Key Eligibility Criteria

Inclusion (1)

- (1) male; (2) age 25-50 years old; (3) height between 160-175 cm, weight e50kg, and BMI between 18.5-26 kg/m²; (4) good general health status.

Exclusion (1)

- (1) history of alcoholism; (2) smoking e5 cigarettes/day in the 3 months before the test; (3) drug dependence or use of medications affecting bone metabolism within 2 weeks before screening; (4) presence of metal implants, severe vertigo, or severe snoring.

Locations (1 total)

Peking University Third Hospital, Beijing, China