

Cervical Spine Focused Treatment for Patients With Persistent Concussion Symptoms and Neck Pain

NCT06616272

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Pittsburgh
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (5)

- Diagnosed concussion
- Patient endorses neck pain OR difficulty moving their neck (moderate or severe; score of 2 or 3 for items 16 and 25 from concussion CP screen)
- Willingness to be randomized
- days post injury
- English Speaking

Exclusion (9)

- Previous concussion within the past 6 months
 - Prior history of ischemic/vascular events
 - Previous treatment for current symptoms
 - Prior treatment for neck pain/headaches in the past year
 - Workers' compensation claim and/or litigation associated with injury
- ... and 4 more (see full listing online)

Locations (4 total)

UPMC sports medicine, Pittsburgh, Pennsylvania, United States
Greenfield Clinic-Children's Wisconsin, Milwaukee, Wisconsin, United States
UPMC Sports Surgery Clinic, Dublin, Ireland
... and 1 more locations