

Personalized Mobile Health Platform to Promote Physical Activity in Adolescents and Young Adults With Cystic Fibrosis

NCT06616857

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nemours Children's Clinic
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (4)

- years old
- Has a verified CF diagnosis or CF-related disorder
- Medically stable (i.e., FEV1 > 30%, not experiencing a CF-related exacerbation)
- Speaks and reads English

Exclusion (3)

- Have a comorbidity limiting PA participation (e.g., neurological condition)
- Have a significant cognitive impairment that interferes with study completion
- Have any oxygen, CPAP or BiPAP requirement

Locations (1 total)

Nemours Childrens Health, Jacksonville, Florida, United States