

# Precision Rehabilitation: Mechanisms and Efficacy of Vibration in Exercise Training for Degenerative Knee Osteoarthritis

NCT06616896

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Status	RECRUITING
Phase	Not Applicable
Sponsor	National Taiwan University Hospital
Enrollment	50 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Age between 50 to 80 years
- A diagnosis of knee OA (Kellgren and Lawrence grade 1~3 on X-ray) according to the American College of Rheumatology's criteria.

### Exclusion (3)

- Knee or hip surgery
- Systemic arthritis
- Neurological disorders.

## Locations (1 total)

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Taipei Tzu Chi Hospital International Medical Service Center, Taipei, Taiwan