

The Impact of Breathing Training on PPSUI: A Randomized Controlled Trial

NCT06623617

Status	RECRUITING
Phase	Not Applicable
Sponsor	Jie Li
Enrollment	58 participants

Key Eligibility Criteria

Inclusion (3)

- Age: ≥18 years
- weeks to 6 months postpartum
- Diagnosed with postpartum stress urinary incontinence (PPSUI) by a pelvic floor rehabilitation specialist

Exclusion (19)

- Diabetes mellitus
- Body mass index (BMI) ≥ 30 kg/m²
- Cardiopulmonary or renal dysfunction
- Neurological disorders
- Pelvic organ prolapse exceeding stage II
- ... and 14 more (see full listing online)

Locations (1 total)

Shenzhen Hospital of Southern Medical University, Guangzhou, Shenzhen, China