

# A Mobile Intervention to Reduce Pain and Improve Health-III

NCT06623669

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Status	RECRUITING
Phase	Phase 2
Sponsor	Wake Forest University
Enrollment	200 participants

## Key Eligibility Criteria

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### Inclusion (10)

- Aged 65+ years
- Body mass index of 30-45 kg/m<sup>2</sup> or  $\geq 45$  kg/m<sup>2</sup> with physician's approval
- No loss or gain of more than 5% body mass in previous 6 months
- Presence of knee or hip osteoarthritis as ascertained via the Roux questionnaire
- Independently living
- ... and 5 more (see full listing online)

### Exclusion (17)

- Reside in skilled nursing facility, rehab or assisted living environment
- History of pharmacologic treatment for a psychiatric disorder other than depression/anxiety within past year
- Current untreated and/or unstable clinical depression or anxiety (Patient Health Questionnaire (PHQ-9)  $\geq 15$ )
- Hospitalization for psychiatric event within past year prior to screening
- History of mild cognitive impairment or dementia
- ... and 12 more (see full listing online)

## Locations (1 total)

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Wake Forest University, Winston-Salem, North Carolina, United States