

# Development and Implementation Model of Home Based Cardiac Rehabilitation With Family Empowerment Approach in Patient With ACS (HBCR in ACS)

NCT06625463

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Gadjah Mada University
<b>Enrollment</b>	90 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Patients with acute coronary syndrome who have undergone hospitalization, with a minimum home care time of 3 months and a maximum of 1 year, calculated from the day of discharge from the hospital until the time of interview.
- Aged 18-65 years, participants were selected with age variations representing young adults, adults and the elderly.
- Patients with first experience of SCA, participants were selected whether they had undergone PCI or not.
- Patients living with family and family involved in the patient care process.
- Physical condition allows for interviews. physical condition is evidenced by examination of stable vital signs (diastolic BP ... and 2 more (see full listing online)

### Exclusion (1)

- Patients with comorbidities that require routine medication such as Diabetes Mellitus, hypertension, renal failure

## Locations (2 total)

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Gadjah Mada University, Sleman, Special Region of Yogyakarta, Indonesia  
Rsup Dr Sardjito, Yogyakarta, Special Region of Yogyakarta, Indonesia