

Investigating the Related Factors and Outcome of Kinesiophobia and the Effects of Multidimensional Interventions in Cardiac Surgery Patients

NCT06625892

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ai-Ling Chang
Enrollment	245 participants

Plain Language Summary

This study investigates fear of movement (called kinesiophobia) in patients who have had heart surgery, and tests whether a combination of physical and psychological support can help patients recover more confidently and move more freely after surgery.

****You may be eligible if...****

- You have undergone cardiac (heart) surgery
- You are 18 years old or older
- You are mentally clear and can communicate in Mandarin or Taiwanese
- You are willing to participate after learning about the study

****You may NOT be eligible if...****

- You have cognitive impairment or a psychiatric disorder
- You were already bedridden long-term before surgery and fully dependent on others for daily activities

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (4)

- Patients received cardiac surgery.
- Aged 18 or above.
- Clear consciousness and able to communicate in Mandarin or Taiwanese.
- Willing and consent to participate after being informed of the study purpose and procedures.

Exclusion (3)

- Cognitive impairment,
- Psychiatric disorders, and
- Long-term bedridden patients who rely on others for daily activities.

Locations (1 total)

Changhua Christian Hospital, Changhua, Taiwan

<https://clinicaltrials.gov/study/NCT06625892>

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