

# Impact of Physical Activity on Immunotherapy-induced Toxicities in Melanoma Management

NCT06627595

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Status	RECRUITING
Sponsor	University Hospital, Montpellier
Enrollment	160 participants

## Plain Language Summary

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This study examines whether regular physical activity can reduce the side effects — including immune-related toxicities — in people with melanoma who are receiving immunotherapy treatment. Participants are observed and tracked over their treatment course, comparing active and less active patients.

**\*\*You may be eligible if...\*\***

- You are 18 or older
- You have a confirmed diagnosis of melanoma
- You are about to start immunotherapy with an anti-PD1 drug (alone or combined with anti-CTLA4)
- You are in reasonably good physical condition (ECOG d 3)

**\*\*You may NOT be eligible if...\*\***

- You are unable to read or write
- You have an active autoimmune disease requiring systemic treatment in the past 2 years
- You have an active serious infection
- You are not covered by social security (France-based requirement)
- You are under legal guardianship or enrolled in another conflicting study

Talk to your doctor to see if this trial is right for you.

## Key Eligibility Criteria

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### Inclusion (4)

- age 18 years or above
- ECOG performance status inferior or equal to 3
- patient with a melanoma confirmed histologically/pathologically
- indication for initiating treatment with anti-PD1 immunotherapy or anti-PD1 + anti-CTLA4

### Exclusion (7)

- patient unable to read and/or write
- inability to follow up with the patient during the study period
- refusal to participate after a reflection period
- medical contraindication to initiating immunotherapy (active autoimmune disease requiring systemic treatment in the past 2 years, active infection, etc.)
- not affiliated with a social security system

... and 2 more (see full listing online)

## Locations (2 total)

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CHU de Montpellier, Montpellier, France

<https://clinicaltrials.gov/study/NCT06627595>, Montpellier, France

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).