

# My Health Coach App RCT

NCT06638463

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Rochester
<b>Enrollment</b>	200 participants

## Key Eligibility Criteria

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### Inclusion (4)

- adult 18 years or older
- have a fetal alcohol spectrum disorder (FASD) or history of prenatal alcohol exposure
- have sufficient fluency in written English
- own a smartphone

### Exclusion (1)

- participated in the past feasibility trial of the My Health Coach app

## Locations (1 total)

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University of Rochester, Rochester, New York, United States