

The Feasibility Of Expectant Management Versus Induction At 38 Weeks Among Individuals With Gestational Diabetes Mellitus: A Randomized Controlled Pilot Trial (EAGER Pilot Trial)

NCT06641141

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ottawa Hospital Research Institute
Enrollment	260 participants

Key Eligibility Criteria

Inclusion (7)

- Diagnosis of GDM after 24 weeks of gestation, based on documented 1-step or 2-step screening and diagnostic tests for GDM.
 - Singleton fetus at randomization.
 - Confirmed live fetus within 24 hours prior to randomization.
 - Gestational age between 36 weeks + 0 days and 38 weeks + 0 days inclusive based on an ultrasound in the first or second trimester \[d 23 weeks + 0 days\]. For pregnancies conceived by in vitro fertilization, dating will be based on the embryo age at transfer.
 - Cephalic presentation.
- ... and 2 more (see full listing online)

Exclusion (13)

- Pre-pregnancy diabetes mellitus.
 - Any obstetrical/maternal indication for immediate delivery including placenta abruption, abnormal fetal well-being either by non-stress test or biophysical profile, history of venous thromboembolism (VTE) on low molecular weight heparin, pre-existing hypertension, gestational hypertension, preeclampsia, eclampsia, or Hemolysis, elevated liver enzymes and low platelets (HELLP) syndrome at the time of randomization.
 - Contraindication to labour and/or vaginal delivery.
 - Signs of labour (regular uterine contractions accompanied by cervical dilation and/or effacement) at the time of randomization.
 - Significant vaginal bleeding or ruptured membranes at the time of randomization.
- ... and 8 more (see full listing online)

Locations (1 total)

The Ottawa Hospital, Ottawa, Ontario, Canada