

First-degree Ankle Sprains

NCT06645262

Status RECRUITING
Sponsor Rehabilitation Centre Zivot
Enrollment 100 participants

Key Eligibility Criteria

Inclusion (3)

- Individuals diagnosed with Grade I acute ankle sprain confirmed by a specialist physician in radiology,
- Age of participants ≥ 18 years,
- Individuals of both sexes

Exclusion (3)

- Recurrent ankle injury,
- Acute ankle sprains of Grade II and III,
- Presence of other physical and/or mental health issues.

Locations (1 total)

Rehabilitation Centre Život, Mostar, Bosnia and Herzegovina