

Targeting Aging With a Ketone Ester for Function in Frailty

NCT06645847

Status	RECRUITING
Phase	Not Applicable
Sponsor	Buck Institute for Research on Aging
Enrollment	180 participants

Key Eligibility Criteria

Inclusion (5)

- Subject is greater than or equal to 65 years of age, inclusive at Screening.
- Passes the gait speed criteria at Screening.
- Minimum body weight of 50 kgs at Screening.
- Subject is willing and able to comply with all study procedures including randomization into any of the experimental groups, maintenance of habitual dietary intake, exercise and medication and supplement use, blood draws and the following prior to test visits: fasting (e10 h; water only), no alcohol (e 10 h), no cannabis products (e10 h) and no exercise (e 10 h).
- Subject understands the study procedures and can provide informed consent to participate in the study.

Exclusion (24)

- Subject is non ambulatory.
- Subject has a CSHA clinical frailty score ≥ 5 .
- Subject requires assistance with any activity of daily living, excluding continence.
- Subject lives in an institutional setting (skilled nursing facility or residential care facility for the elderly).
- Subject is a female who has not passed menopause.

... and 19 more (see full listing online)

Locations (3 total)

Buck Institute for Research on Aging, Novato, California, United States
UConn Health, Farmington, Connecticut, United States
Ohio State University, Columbus, Ohio, United States